## Recovery Month 2025 Schedule







## "Planting Seeds of Recovery"



National Recovery Month (Recovery Month), which started in 1989, is observed every September to promote and support new evidence based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery possible. Trinity Behavioral Care aims to increase public awareness surrounding mental health and addiction recovery in Marion County, Dillon County and Marlboro County. This year we would like to combine the colors of purple and green. Purple symbolizes recovery and the color green symbolizes growth.

## Trinity Behavioral Care Recovery Month Outline

Week of September 01, 2025- Peer Support Podcast will be displayed "Planting Seeds of Recovery".

Week of September 08, 2025- on that Friday (Eat Fresh Day) September 12, 2025- "Garden of Life"- Each site is asked to bring something from a garden to make salads or fruit salads.

Week of September 15, 2025" The Journey to Holistic Healing -Coordinated by Jacqueline Anderson- Events for the week

Week of September 22, 2025- The Process of Growth and Recovery"- Please wear your purple and green to recognize and promote the process of recovery.

Week of September 29<sup>th</sup> & 30<sup>th</sup>, 2025- Purple and green tasty treats will be distributed for the end of Recovery Month- "Planting Seeds to Recovery".

Special Note: Throughout the month of September the Prevention & MAT Department will be conducting Recovery Presentations for Marion, Dillon & Marlboro County!



## Recovery Month Toolkit

Access the one-stop shop for resources and messaging you can share with your audiences.

Log into SAMHSA.gov for your toolkit.