National Recovery Month 2026

To embrace recovery is to know that healing isn't just possible—it's happening all around us. More than 470,000 South Carolinians are living full lives in recovery. Support them by making quick, simple swaps in your day-to-day conversations about substance use.

Language to Avoid

- Habit/bad habit
- Clean/sober
- Drug of choice
- Self-help group
- Relapse prevention
- Relapse
- User
- Addict, Alcoholic
- Clean
- Substance abuse
- Replacement therapy
- Substitution therapy

Language to Use Instead

- Alcohol and drug disorder
- Drug free/substance free
- Drug of use
- Mutual aid group
- Recovery management
- Return to use
- Person who misuses alcohol/drugs
- Person with a substance use disorder
- Positive
- Substance misuse
- Treatment
- Medication-assisted recovery

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